

*Japanese  
Spiritual Culture*

# *Let's Train Your Heart Spirit*

*in the mountain  
waterfall.*

*You can join us for free this time.  
This spiritual training has  
continued for more than  
2000 years in Japan.*

- *Time/Date*  
10:00am : the last Sunday every month
- *Gathering*  
Hiro JR Station
- *Cost*  
Lunch expense (if you need.)
- *Information*  
URL : <http://takigyo.jp>
- *Contact*  
mail : [mirai@bronze.ocn.ne.jp](mailto:mirai@bronze.ocn.ne.jp)  
(Chisoku-an Temple) Mr.Syozen



takigyo.jp



Contact