Japanes Spiritual Culture

Let's Train Yourself

in the waterfall in the mountain.

You can join for free this time.
This spiritual training has
continued for more than
2000 years in Japan.

Time/Date
10:00am : the last Sunday every month

Gathering
Hiro JR Station

Cost
Lunch expense (if you need.)

Imformation
URL: http://takigyo.jp

Contact
mail: mirai@bronze.ocn.ne.jp
Chisoku-an: charge/Syozen

